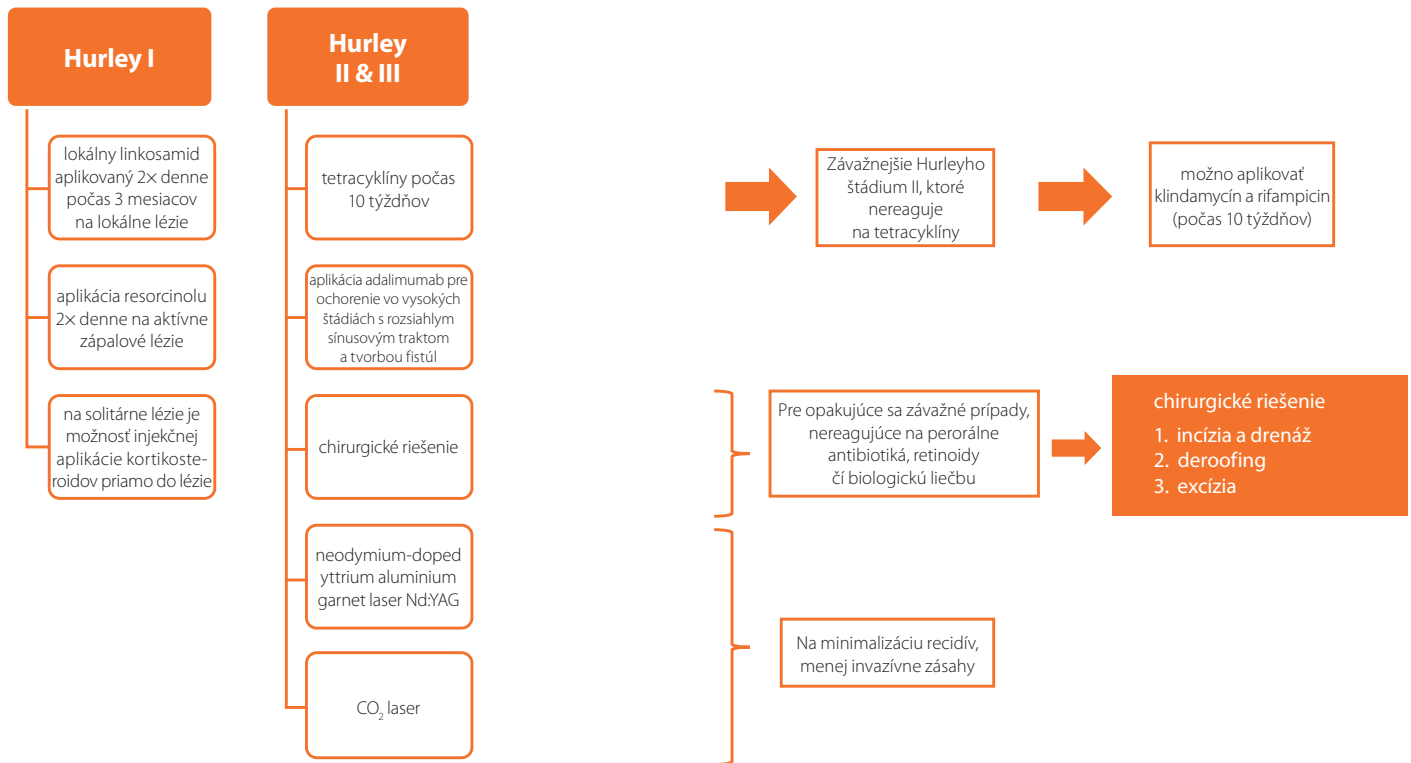


Schéma 1. Algoritmus liečby v závislosti na závažnosti HS



systémovú) tiež na zníženie zápalu a na okamžitú úľavu od bolesti pomáha chirurgická drenáž abscesov. Dôležitá je edukácia pacienta vzhľadom k faktorom ako nadváha a nikotinizmus. Pacientom sa odporúča kontrolovať svoju hmotnosť a zdržať sa fajčenia. Svoje nezastupiteľné miesto má psychosociálna podpora, edukácia možnosti tlmenia bolesti a ošetrenie supurujúcich prejavov s aplikáciou vhodných

krytí. Na lepšie znázornenie prikladáme algoritmus liečby v závislosti na závažnosti HS (20) (Schéma 1).

Záver

Pacientka bola s estetickým výsledkom veľmi spokojná a po šiestich mesiacoch od operácie sa vrátila na Klinikum popálenin a plastickú chirurgiu Fakultnej nemocnice Brno,

k chirurgickému riešeniu inguinálnych lézií, v tomto prípade bola zvolená excízia lézií s okamžitým uzáverom rany priamou sutúrou. Pacientka naďalej pre kontrolu progresie ochorenia pokračuje v liečbe adalimumabom a má pravidelné ambulantné kontroly cestou dermatologickej ambulancie. V budúcnosti plánuje chirurgicky riešiť lézie v oblasti infra-mammárných záhybov.

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